

Bark Lake Leadership Centre 7 Day Menu Plan

Monday

Lunch

**Chicken Burgers
French Fries & gravy**

Dinner

**Shepherd's Pie
Vegetables & Gravy**

Tuesday

Lunch

**Chicken Wraps
Rice**

Dinner

**Baked Chicken with BBQ sauce
Baked Potato & Veggies**

Wednesday

Lunch

**Hot Dogs
Sweet Potato Fries**

Dinner

**Lasagna
Served with Garlic Bread**

Thursday

Lunch

Nachos & Cheese

Dinner

Chinese food Assortment

Friday

Lunch

**Pizza Pockets
French Fries & Gravy**

Dinner

**Chicken Parmesan
with Pasta Alfredo**

Saturday

Lunch

**Tuna or Chicken Salad Melts
Soup**

Dinner

**Pork chops, Scalloped Potatoes
& vegetables**

Sunday

Lunch

**Meatball Subs
Homemade Soup**

Dinner

**Roast Beef
mashed potatoes, gravy & veggies**